

SHINE SOURCE

God, the Holy Spirit

Vending Machine Holy Spirit

Lots of variety to choose from in the vending machine. Press B...then 15 and out comes your blessing...tropical flavor Skittles. We can treat the Holy Spirit as a vending machine dispensing blessings. He is more than that.

DeWalt Holy Spirit

A handy tool that can go anywhere
DeWalt cordless driver/drill is a handy tool. It can do good work quick. It can go wherever the job is. The Holy Spirit can be seen as a tool Christians turn to when something needs to be built or fixed. He is more than that.

Meaningful Relationship



The Holy Spirit is so much more than a blessing dispensing vending machine or a handy tool. He is a friend joining you at the vending machine. He doesn't just give out goodies based on requests he may be the friend who puts the dollar in the machine, so you can get a goodie then he will be with you while you enjoy the blessings together.

The Holy Spirit is more than a handy tool. He is the creative designer, the energy, the initiator, the guide, the supporter, the encourager, the one who applauds as you build and fix things in your life.

The Holy Spirit is God. And he like God the Father and Jesus want a relationship with you. An authentic relationship. Not hocus pocus mumbo jumbo, but a friendship. A friendship that takes you higher than you have ever been. A friend who cares about you heart, mind, soul, and body. He loves you so much he accepts you as you are and wants to make you into the glorious being you were designed to be.

The Holy Spirit wants to fellowship with you. You!

Fellowship

May the grace of the Lord Jesus Christ, the love of God, and the fellowship of the Holy Spirit be with you all. 2 Corinthians 13:14 (NLT)

Following Problem

You were running the race so well. Who has held you back from following the truth? It certainly isn't God, for he is the one who called you to freedom. Galatians 5:7-8 (NLT)

Burdens



Authentic, legitimate guilt is the feeling or thought that what we did is not okay. It indicates that our behavior needs to be corrected or altered, or an amend needs to be made.

Shame is an overwhelming negative sense that who we are isn't okay. Shame is a no-win situation. We can change our behaviors, but we can't change who we are. Shame can propel us deeper into self-defeating and sometimes self-destructive behaviors.

What are the things that can cause us to feel shame? We may feel ashamed when we have a problem or someone we love has a problem. We may feel ashamed for making mistakes or for succeeding. We may feel ashamed about certain feelings or thoughts. We may feel ashamed when we have fun, feel good, or are vulnerable enough to show ourselves to others. Some of us feel ashamed just for being.

Shame is a spell others put on us to control us, to keep us playing our part in dysfunctional systems. It is a spell many of us have learned to put on ourselves.

Learning to reject shame can change the quality of our life. It's okay to be who we are. We are good enough. Our feelings are okay. Our past is okay. It's okay to have problems, make mistakes, and struggle to find our path. It's okay to be human and cherish our humanness.

[Melody Beattie.com/rejecting-shame/](http://MelodyBeattie.com/rejecting-shame/)

Author of *Codependent No More*

Purified Conscience

Just think how much more the blood of Christ will purify our consciences from sinful deeds so that we can worship the living God. For by the power of the eternal Spirit, Christ offered himself to God as a perfect sacrifice for our sins. Hebrews 9:14 (NLT)

Supernatural

Those who belong to Christ Jesus have nailed the passions and desires of their sinful nature to his cross and crucified them there. Since we are living by the Spirit, let us follow the Spirit's leading in every part of our lives. Galatians 5:24-25 (NLT)

Shine

May the grace of the Lord Jesus Christ, the love of God, and the fellowship of the Holy Spirit be with you all. 2 Corinthians 13:14 (NLT)