# Joy by the Holy Spirit

### Results of the Holy Spirit Working

But the Holy Spirit produces this kind of fruit in our lives: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control. Galatians 5:22-23 (NLT2)



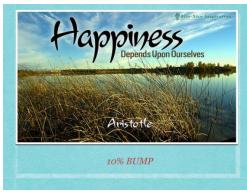
#### Joy: Human and Holy Spirit

Scuba limited air. Surface lots of air. Human joy limited. Holy Spirit unlimited.

#### Joy for Me

- Things
- Activities
- People
- Events
- Wins
- Getaways
- Service

#### 10% BUMP



#### Holy Spirit-Generated Joy



Joy

- Nehemiah
- Paul and Silas
- Jesus

#### Spirit-Generated Joy

The Holy Spirit generates fundamental joy in the inner soul that penetrates the whole person.

#### Testing Spirit-Generated Joy Levels in Real Life

- Sadness (Joy remains)
- Happy Bump (Joy remains)
- Physical Pain (Joy remains)
- Persecution (Joy remains)
- Trials (Joy remains)

#### Steps to Spirit-Generated Joy

- Repent
- Reconnect
- Rethink
- Release
- Rejoice

## Spirit-Generated Joy

So I say, let the Holy Spirit guide your lives. Then you won't be doing what your sinful nature craves. Galatians 5:16 (NLT2)